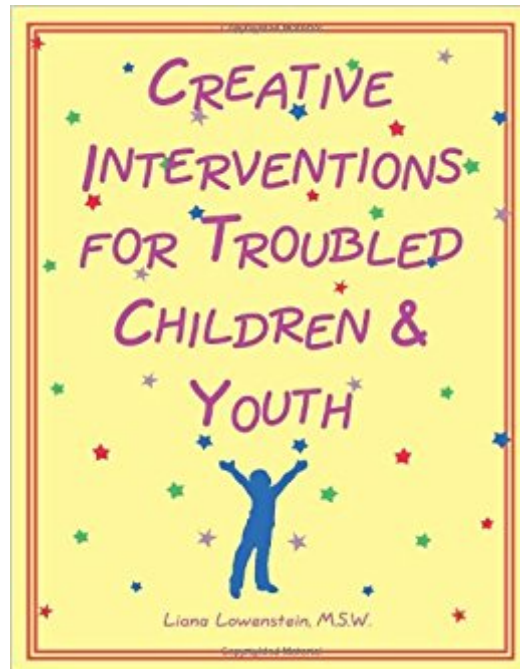


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# Creative Interventions For Troubled Children & Youth



## Synopsis

This best-selling collection is filled with creative assessment and treatment techniques for use in individual, group, and family settings. The book begins with a variety of engaging assessment activities providing clinicians with diagnostic tools to assist in treatment planning. The remaining four chapters provide activities to help children and teens identify feeling states, cope with emotional difficulties, strengthen interpersonal skills, and enhance self-esteem. The last section of the book describes the graduation ceremony that can be incorporated as part of the child's termination process. Each activity is described within a framework that recommends age suitability, preferred treatment modality, and appropriate stage of treatment. Materials needed to complete the activity are outlined. Several activities include worksheets that may be reproduced for use with clients. The book includes detailed instructions for all activities and a discussion section that further clarifies application and process. Activities are geared to 4-16 year-olds. Mental health professionals and teachers will find this book invaluable.

## Book Information

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## Customer Reviews

Another therapist recommended this book to me for it's creativity...and I love it! It has numerous activities to do with clients. It is in sections based upon a skill, like identifying and expressing feelings, self esteem, coping and social skills. With each section it has wonderful games such as TIC-TAC-TOE FEELINGS, and COMFORT KIT, as well as variations of games we already play-like basketball or other commonly used board games, and most of the games supplies are in the book

or can be easily found in your office (or bought for pretty cheap). It also has a little graduation section and a bibliography. I love this book for so many reasons, but it really helped with ideas for kids who are not into traditional therapy.

I am a social worker who often works with oppositional and resistant children. This book offers several fresh ideas on interacting and engaging children so that they will begin to talk about their feelings. I have been very impressed with the several activities and have found that they can be applied to children of various ages with very little work. I think this book is a must for anyone who works with children.

The activities in this book are well organized and simple. Most do require some type of preparation and some materials. Some of the activities use games; others use art therapy, etc. This is an invaluable resource for me in therapy session with children and adolescents. The kids have always been interested in the interventions I have used from this book. This is therapy without the child KNOWING it's therapy. Highly recommended.

I was disappointed with the interventions in this book. It's supposed to be for "Troubled Children and Youth." However, I work with troubled children and youth and there's no way that her interventions would work for this population. My biggest criticism of her interventions is that they require the participants to be able to work together in pairs and as a group. This is not a realistic expectation when working with traumatized children who have been shifted around to multiple placements. These children don't trust adults or the other children in their placements. My next criticism is that many of the interventions are for very young children. They are simply too corny for older children who come from the streets. Next, I found most of the interventions required a fair amount of equipment. People who work with traumatized children do not make a ton of money, and the agencies that handle these children do not have an extra dime to spend. Most are operating on shoe string budgets. After flipping through the book, I found that I could use maybe one or two of the interventions. This is not a good product for people who really do work with "troubled children and youth."

I purchased this book because I am a therapist who works with children and families in crisis. This book has a lot of good stuff in it but buyer beware that a lot of the activities in this book require that you have certain board games etc.

This book is really great. It just has very practical ideas and really creative activities. I love how, in a very organized way, it lists the age group for each activity, as well as the stage of therapy it is for (beginning, middle or end). It is very clear and understandable and I really like how it has a reference page where everything is listed. I like how a lot of the activities are based around games most therapists will already have, and that they are just modified to become a therapy-based game. I also like that the book provides worksheets that can be easily photocopied and used over and over again. This book is really a must for anyone counseling children!

Bought the book hoping to find some creative ways to engage children and youth. With some web searching, I could find similar interventions/ideas. Also, the book relies on purchasing a lot of kids games, which may or may not fit your budget. Perhaps the book could be of some use to someone who has no idea what to do, but it turned out to be not that useful to me.

I use this book almost every day; the activities and ideas for kid's groups are wonderful and most are good for all age groups. The best part about this book is that the author has included the objectives and goals for each group activity—a bonus for those of us doing treatment plans and progress notes. Love this book!

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